



„CROSSDUATHLON TWIERDZA”

Kędzierzyn-Koźle, 09.10.2016 r.

OPEN	IMIĘ	NAZWISKO	Nr	MIASTO	KLUB	KAT	M-CE	RUN_1		BIKE_1		RUN_2		BIKE_2		RUN_3		TOTAL
1	SŁAWOMIR	SZUREK	220	RYDUŁTOWY	UKS 'PIĄTKA PLUS' RYDUŁTOWY	M40	1	00:04:31	00:05:07	00:12:31	00:11:37	00:05:34	00:05:10	00:12:39	00:11:55	00:05:44	00:05:14	01:20:02
2	PIOTR	HARMANSA	176	GOGOLIN	TRIATHLON GOGOLIN	M40	2	00:05:07	00:05:20	00:13:01	00:11:52	00:06:08	00:05:27	00:13:19	00:12:29	00:06:10	00:05:16	01:24:09
3	ROMAN	BARAN	152	NAMYSŁÓW	NTT TRIADA NAMYSŁÓW	M30	1	00:04:36	00:05:16	00:13:15	00:12:19	00:06:16	00:05:25	00:13:08	00:12:29	00:06:09	00:05:28	01:24:21
4	KRYSTIAN	STACH	186	ZLINICE	KAC RUNNING	M30	2	00:04:29	00:05:03	00:13:33	00:12:27	00:05:49	00:05:10	00:14:27	00:13:16	00:05:52	00:05:19	01:25:25
5	MARIUSZ	WRÓBEL	228	ZDZIESZOWICE	SOBAS TEAM	M40	3	00:04:36	00:05:02	00:13:20	00:12:32	00:06:13	00:05:26	00:14:15	00:13:22	00:05:44	00:05:09	01:25:39
6	PIOTR	ORIAN	204	ZDZIESZOWICE	LUKS ROSPONDEK/KS KOZIOŁEK	M40	4	00:04:40	00:05:15	00:13:31	00:11:56	00:06:16	00:05:25	00:13:44	00:13:07	00:06:35	00:05:35	01:26:04
7	MARIUSZ	DRABIŃSKI	162	JAWORZNO	KB MCKIS JAWORZNO	M20	1	00:04:36	00:05:17	00:13:12	00:12:25	00:06:41	00:05:39	00:13:46	00:12:34	00:06:18	00:05:46	01:26:14
8	JAROSŁAW	MARCISZ	196	CZARNOWĄSY	SOUTHBIKE.PL	M30	3	00:05:20	00:05:26	00:13:39	00:12:12	00:06:34	00:05:54	00:13:16	00:12:42	00:06:43	00:05:44	01:27:30
9	WOJCIECH	DĘBICKI	161	NAMYSŁÓW	NTT TRIADA NAMYSŁÓW	M30	4	00:04:53	00:05:30	00:13:51	00:12:40	00:06:32	00:05:34	00:13:55	00:12:42	00:06:28	00:05:40	01:27:45
10	ŁUKASZ	SZYDŁOWSKI	221	GOGOLIN	ZRS GOGOLIN	M30	5	00:04:38	00:05:12	00:14:00	00:13:23	00:06:22	00:05:16	00:14:33	00:14:21	00:06:26	00:05:24	01:29:35
11	JAKUB	GORCZYCA	174	RYBNIK		M40	5	00:05:06	00:05:51	00:14:01	00:12:40	00:06:44	00:06:05	00:13:34	00:13:21	00:06:32	00:05:53	01:29:47
12	DANIEL	KORCZ	183	JAWORZNO	TRIATHLON XTEAM	M30	6	00:05:08	00:05:30	00:13:52	00:12:48	00:07:23	00:06:04	00:14:14	00:12:45	00:06:46	00:05:28	01:29:58
13	TOMASZ	ZARZYCKI	229	KĘDZIERZYN-KOZŁE	CARDIO SPORT	M30	7	00:05:14	00:05:28	00:14:21	00:13:22	00:06:27	00:05:56	00:14:39	00:13:55	00:06:39	00:05:53	01:31:54
14	RAFAŁ	PLAWIAK	207	KĘDZIERZYN-KOZŁE	IPA KĘDZIERZYN-KOZŁE	M30	8	00:05:06	00:05:33	00:14:19	00:13:20	00:06:51	00:06:06	00:14:05	00:13:24	00:07:13	00:06:10	01:32:07
15	ANDRZEJ	SZOT	218	PIETROWICE WIELKIE	RUNNERS PIETROWICE WIELKIE	M40	6	00:05:29	00:05:46	00:14:49	00:13:58	00:06:31	00:05:57	00:14:37	00:13:19	00:06:36	00:05:52	01:32:54
16	BARTŁOMIEJ	CYBULSKI	160	KĘDZIERZYN-KOZŁE	WELLFIT	M30	9	00:04:53	00:05:38	00:15:02	00:13:44	00:07:25	00:06:00	00:14:55	00:13:48	00:07:29	00:05:44	01:34:38
17	ARTUR	KRYBUS	185	RACIBORZ	EKOOKNA RUNNERS	M30	10	00:04:54	00:05:39	00:14:25	00:13:24	00:07:41	00:06:18	00:15:24	00:13:26	00:07:43	00:05:45	01:34:39
18	MIROSŁAW	MAŁKO	195	NAMYSŁÓW	NTT TRIADA NAMYSŁÓW	M40	7	00:05:06	00:05:29	00:13:56	00:12:31	00:06:53	00:06:08	00:14:41	00:15:42	00:08:00	00:06:37	01:35:03
19	DYMITR	MURAWICKI	202	OPOLE	MURADIUS	M30	11	00:05:32	00:06:09	00:14:07	00:12:38	00:08:07	00:06:52	00:13:55	00:12:50	00:08:29	00:07:05	01:35:44
20	JACEK	KUPKA	187	KĘDZIERZYN-KOZŁE	PARKRUN KĘDZIERZYN-KOZŁE	M20	2	00:04:53	00:05:38	00:15:32	00:14:21	00:06:23	00:05:55	00:15:42	00:14:38	00:06:39	00:06:04	01:35:45
21	DARIUSZ	ŁUKOWSKI	193	STRZELCE OPOLSKIE	GMINA STRZELCE OPOLSKIE	M50+	1	00:05:19	00:05:47	00:15:34	00:13:53	00:07:21	00:06:01	00:15:30	00:13:36	00:07:20	00:06:03	01:36:24
22	PIOTR	MAZUREK	198	JAWORZNO		M30	12	00:05:10	00:05:39	00:15:44	00:14:35	00:06:46	00:05:54	00:16:28	00:14:35	00:06:45	00:05:39	01:37:15
23	MŁOSZ	LECH	188	JAWORZNO	KB MCKIS JAWORZNO	M30	13	00:05:02	00:05:38	00:16:05	00:15:24	00:06:58	00:06:15	00:16:04	00:15:18	00:06:28	00:05:49	01:39:01
24	GRZEGORZ	BROSZCZAK	158	ROZWADZA	GODZIKOWICE TEAM	M40	8	00:05:37	00:06:00	00:14:43	00:13:53	00:07:16	00:06:31	00:15:31	00:14:52	00:08:02	00:06:47	01:39:12
25	MAREK	FAFARA	165	KĘDZIERZYN-KOZŁE	KS KOZIOŁEK	M30	14	00:05:11	00:05:49	00:16:03	00:15:05	00:06:48	00:06:03	00:16:25	00:15:45	00:06:29	00:05:35	01:39:13
26	ROMAN	JAKUBIEC-LENART	178	KĘDZIERZYN-KOZŁE	KS KOZIOŁEK	M30	15	00:05:19	00:05:48	00:14:12	00:13:21	00:07:09	00:06:23	00:19:00	00:14:33	00:07:10	00:06:29	01:39:24
27	ADAM	FRIEDRICH	166	KAMIEŃ ŚLĄSKI	TRIATHLON KAMIEŃ ŚLĄSKI	M40	9	00:05:45	00:06:15	00:15:19	00:13:59	00:07:09	00:06:38	00:15:48	00:14:43	00:07:21	00:06:58	01:39:55
28	PAWEŁ	BUDZIŃSKI	159	UJAZD	KLUB BUDZIK	M40	10	00:05:47	00:06:00	00:16:27	00:14:54	00:07:22	00:06:30	00:15:24	00:14:42	00:07:24	00:06:19	01:40:49
29	ZBIGNIEW	NANKIEWICZ	203	KĘDZIERZYN-KOZŁE	NIERZESZONY	M50+	2	00:05:52	00:06:06	00:15:08	00:14:22	00:07:21	00:06:32	00:15:30	00:15:41	00:07:44	00:06:49	01:41:05

OPEN	IMIĘ	NAZWISKO	Nr	MIASTO	KLUB	KAT	M-CE	RUN_1		BIKE_1		RUN_2		BIKE_2		RUN_3		TOTAL
30	ŁUKASZ	KOCHON	181	KĘDZIERZYN-KOŹLE	BIEGOWI ZAJAWKOWICZE	M30	16	00:05:50	00:05:51	00:15:45	00:15:02	00:07:00	00:06:28	00:16:25	00:15:36	00:07:28	00:06:51	01:42:16
31	KRZYSZTOF	KIRYK	179	CZARNOWĄSY	FENIKS PRZY ELEKTROWNII OPOLE	M40	11	00:05:35	00:05:53	00:15:37	00:15:00	00:07:13	00:06:27	00:17:08	00:16:18	00:07:03	00:06:12	01:42:26
32	MICHAŁ	KUŚ	237	KĘDZIERZYN-KOŹLE	SAAF	M30	17	00:06:04	00:06:11	00:15:35	00:14:18	00:07:45	00:06:47	00:16:41	00:14:52	00:07:39	00:06:41	01:42:33
33	WIOLETTA	KOŚCIELNIAK	184	RUDZICZKA		K30	1	00:05:51	00:06:14	00:16:54	00:15:14	00:07:16	00:06:38	00:15:58	00:15:02	00:07:16	00:06:24	01:42:47
34	GRZEGORZ	GAWROŃSKI	236	KATOWICE		M40	12	00:06:02	00:06:32	00:16:08	00:14:25	00:08:29	00:07:21	00:15:23	00:13:46	00:08:28	00:06:43	01:43:17
35	ADAM	GIET	170	KĘDZIERZYN-KOŹLE	PARKRUN KĘDZIERZYN-KOŹLE	M40	13	00:05:13	00:06:13	00:16:23	00:14:57	00:07:43	00:06:50	00:16:42	00:15:05	00:08:02	00:06:51	01:43:59
36	ANDRZEJ	STRZELCZYK	216	PYSKOWICE	NIEZRZESZONY	M50+	3	00:06:07	00:06:37	00:15:34	00:15:00	00:08:04	00:07:19	00:15:28	00:15:01	00:08:22	00:07:21	01:44:53
37	MARTYNA	ULIKOWSKA	222	WROCŁAW	ZAŁOGA GÓRSKA	K20	1	00:06:24	00:07:00	00:15:59	00:15:34	00:08:01	00:07:10	00:16:07	00:14:04	00:07:58	00:07:16	01:45:33
38	RAFAŁ	BOGACKI	155	KĘDZIERZYN-KOŹLE	BIKE ATELIER TEAM	M40	14	00:06:04	00:06:29	00:15:30	00:15:15	00:08:11	00:06:51	00:16:37	00:15:51	00:08:12	00:06:49	01:45:49
39	DARIUSZ	POLEWSKI	208	ZDZIESZOWICE	JEDYNKA ZDZIESZOWICE	M50+	4	00:06:16	00:06:37	00:16:03	00:15:03	00:08:18	00:07:33	00:16:08	00:14:54	00:08:19	00:06:53	01:46:04
40	GRZEGORZ	USZKO	223	SIEDLEC		M40	15	00:06:02	00:06:18	00:16:20	00:15:43	00:07:47	00:07:19	00:16:51	00:15:26	00:07:49	00:06:29	01:46:04
41	TYMOTEUZ	BAK	154	RUDA ŚLĄSKA		M30	18	00:05:58	00:06:16	00:16:43	00:16:51	00:08:05	00:06:31	00:17:39	00:16:33	00:07:29	00:06:21	01:48:26
42	KATARZYNA	GNIOT	173	ZDZIESZOWICE	MASTERS ZDZIESZOWICE	K30	2	00:06:02	00:06:28	00:16:48	00:15:39	00:07:52	00:07:09	00:16:55	00:16:34	00:08:08	00:07:12	01:48:47
43	ROBERT	WENCEL	227	KĘDZIERZYN-KOŹLE	KS KOZIOŁEK	M40	16	00:11:47	00:06:50	00:15:03	00:14:29	00:08:16	00:07:21	00:15:56	00:14:47	00:08:29	00:07:18	01:50:16
44	DOROTA	GAWROŃSKA	169	KATOWICE	WARSZTAT FORMY	K40+	1	00:06:25	00:07:03	00:17:05	00:15:55	00:08:32	00:07:18	00:17:20	00:16:08	00:08:16	00:06:54	01:50:56
45	DARIUSZ	RÓŻEWICZ	234	TYCHY	PANCE	M50+	5	00:06:23	00:06:52	00:17:36	00:16:53	00:08:13	00:07:23	00:18:04	00:16:55	00:07:49	00:06:48	01:52:56
46	SABINA	USZKO	224	SIEDLEC		K40+	2	00:06:04	00:06:20	00:17:54	00:16:42	00:07:34	00:06:53	00:18:32	00:19:03	00:07:22	00:06:56	01:53:20
47	IWONA	KURC	239	KĘDZIERZYN-KOŹLE		K30	3											01:53:30
48	DARIUSZ	SYTY	217	KĘDZIERZYN-KOŹLE	KS KOZIOŁEK	M30	19	00:05:22	00:05:39									---

